

International Conversions Lingerie 🌐

TR	EU	UK	US	IT	FR	RU	SIZE
32	32	4	0	38	34	38	XXS
34	34	6	2	40	36	40	XS
36	36	8	4	42	38	42	S
38	38	10	6	44	40	44	M
40	40	12	8	46	42	46	L
42	42	14	10	48	44	48	XL
44	44	16	12	50	46	50	2XL
46	46	18	14	52	48	52	3XL
48	48	20	16	54	50	54	4XL
50	50	22	18	56	52	56	5XL
52	52	24	20	58	54	58	6XL



**Bust**  
Measure under the arms at the fullest point around the bust horizontally.

**Under Bust**  
Measure directly below the breast

**Waist**  
Measure around the natural waistline.

**Hips**  
Measure at the fullest part

**How to Measure Yourself**

- Measure yourself on your bare skin, not over clothes.
- Measure yourself parallel to the ground.
- It is also important that you breathe in a relaxed manner and do not hold your breath.

Body Measurements Body & Lingerie 📏

SIZE	BUST CM	UNDER BUST CM	WAIST CM	HIPS CM
32	75-79	65-69	58-62	84-88
34	79-83	69-73	62-66	88-92
36	83-87	73-77	66-70	92-96
38	87-91	77-81	70-74	96-100
40	91-96	81-86	74-79	100-105
42	97-102	87-92	80-85	106-111
44	102-108	92-98	85-91	111-117
46	108-114	98-104	91-97	117-123
48	123-131	105-113	98-106	124-132
50	123-131	113-119	106-114	132-140
52	131-139	119-121	114-121	140-148

Measurements Bottom 📏

TR	WAIST CM	HIPS CM
32	58-62	84-88
34	62-66	88-92
36	66-70	92-96
38	70-74	96-100
40	74-79	100-105
42	80-85	106-111
44	85-91	111-117
46	91-97	117-123
48	98-106	124-132
50	106-114	132-140
52	114-121	140-148